

Spring 2016

The Team



The team together

Congratulations to Ann for surviving as our team manager for over 6 Months. In that time she has worked tirelessly to support and extend the services of seAp in Berkshire.

Sadly we must say goodbye to some of our team Tim Foley is leaving to go to Reading CMHT. Daphne Lighthart is moving away from us to Glastonbury and Isabelle Denis is leaving at the end of April to new challenges. We would like to thank them very much for their contributions to seAp and would like to wish them the very best in their future endeavours and we hope they stay in touch.

Out and About



Jenny and Asmita at Sainsbury's Winnersh

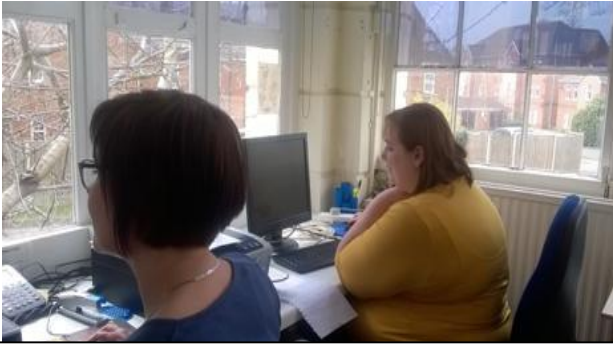
Jenny and Asmita were out in Sainsbury's Winnersh promoting our services to local shoppers. This is great because we get our profile out to wider audience. There have been other promotion events at Prospect Park Hospital and in Windsor involving both staff and volunteers. So look out for us at an event near you!

News

From June 2016 as well as mental health and health complaints advocacy Care Act and community and learning disability service in Wokingham

Unfortunately seAp no longer provides advocacy in slough this is now provided by 'Advocacy in Slough' who can be contacted on Telephone: 01753 415299 website: www.advocacyinslough.org.uk email: info@advocacyinslough.org.uk

Volunteers



Melanie and Lizzie at the Windsor office volunteering

We have a number of new volunteers in Berkshire. At Prospect Park Hospital we have Claire, Asmita and Sandi. At King Edward the VII Hospital there is Melanie and Lizzie. In Newbury the volunteers we have are Milli and Jackie.

The volunteers do tasks from admin to supporting advocates "I'm enjoying the variety of tasks that are involved in volunteering, whether it be doing the behind the scenes background work or seeing advocacy in action" Melanie Volunteer for seAp.

seAp is still looking for a volunteer in Newbury to do promotion. This is a great opportunity for somebody to gain experience promoting an organisation.

C-App



seAp have provided independent advocacy support to people going through PIP and ESA (we do love our acronyms in this sector don't we?). However we have only ever been able to facilitate this service in the area of the seAp HQ, Hastings in Sussex. This was a shame as we had a 100% success rate when supporting people to challenge a decision when we disagreed with the decision the assessors had made. We are pleased to announce this has now been rolled out in Berkshire.

Military Advocacy



Peter Glover with team leader Kate Hill at the Soldiering On Awards

Our Military Advocacy Service (MAS) covers Berkshire, Oxfordshire and Buckinghamshire. This spring our military advocate Peter Glover was put forward by 5 clients who wanted recognition of all the support that Peter has given them since he started the role in May 2015. Peter is the only military advocate that we are aware of in a role funded by the Royal British Legion.

Peter ex-forces himself support veterans and their families in their transition back to Civvy Street. He supports them to speak up for their wishes and navigate through the system once they are out on their own.

Restraint and Seclusion Clinic



Sue Avery who provides the restraint and seclusion clinic

We have been holding a fortnightly clinic at Prospect Park Hospital asking patients about their experiences and comments when they were restrained or put in seclusion. This project has been running for the past 15 months. We have now been asked to start a similar clinic at Thornford Park Hospital in Thatcham.

The feedback has been welcomed by prospect park managers both to reduce the number of restraint/seclusion incidents and to improve restraint practice in general.

Sue Avery and Tim Foley who run the project say that they have had a lot of positive comments from the staff as, on reflection after an incident, many patients usually 'understand' why the action was taken and accept that staff were 'only doing their job'. They are able to acknowledge that they were often very unwell at the time. Comments regarding practice have been valuable for the Trust and patients have seemed to have appreciated the opportunity to put forward their views.



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