



Support and friendship
for families

Home-Start Bracknell Forest supports up to 100 families each year through weekly home visits and/or our Family Group. Families, who may be overwhelmed, exhausted or finding parenting a struggle, are matched with a volunteer to support them through situations as diverse as illness, isolation, bereavement, multiple births, depression or disability.

Home-Start Volunteers all have parenting experience, are fully checked and have completed a 40 hour training course. A carefully matched volunteer will visit a family at home for 2 hours a week offering friendship, practical and emotional support, in confidence.

We are currently recruiting for our next 10 week **Volunteer Preparation Course** running on Wednesday mornings (9.30am - 1pm) commencing 24th September 2014.

If you think you would like to find out more about volunteering with Home-Start, please contact us on:

Telephone: 01344 860025
E-mail: admin@homestartbf.plus



Further information is available on
www.home-start-bracknell-forest.org.uk



We are grateful to Bracknell Forest Homes for their support in providing this Preparation Course