

The Chain

Wokingham Borough's Voluntary & Community Group Newsletter Every volunteer and community group is a link, in an ever growing chain and working together makes us all stronger

HI everyone,

Welcome to the latest edition of the CHAIN, a collection of information on what is happening in your local community and more!!

We are in May (already!), a busy month with lots of national and international awareness days and campaigns taking place, visit our website for a list of many of these dates: http://www.involve.community/involve_events.php

I want to do a call out here to all charities and community groups that may work with the following individuals: the BME community, the over 50's, the unemployed, lone parents, carers, people with mental health issues or disabilities or ex-offenders OR you may be a local business interested in the following... You may have heard of the Building Better Opportunities project: https://www.biglotteryfund.org.uk/global-content/programmes/england/building-better-opportunities/thames-valley-berkshire - involve are exploring local providers that may be able to/are interested in being a part of a bid for this fund. In short, the objectives are: addressing barriers to work in targeted neighbourhoods and communities across the West of Berkshire. To be clear, we are not leading a bid, but are looking for local providers/ partners.

The deadline for this is tight – completed bids need to be submitted by 16th May. If you are interested please let me know as soon as possible, I will then make contact with you and discuss what's happening further and we can get you involved in the right conversations. Email me: <u>philip.cook@involve.community</u>

Finally – does anyone need any office furniture? We have been notified of a number of items that are available including; desks, chairs, cupboards, board room tables, filing cabinets etc. If you want/ need something for your office space let me know as quickly as possible. You might want to refresh what you currently have or simply be in need of more – give me a call – once it's gone it's gone!

Thanks everyone, enjoy the CHAIN and I look forward to hearing from you.

Phil

Content			
Training/Courses/Workshops	Page 3/8		
Local Events	Page 9/17		
WBC Messages	Page 18		
Local Meetings	Page 19		
Local News	Page 20/23		
Funding Opportunities	Page 24		



www.involve.community





Involve Training Dates

Communication Skills – Wednesday 4th May 1.30pm - 4.30pm @ Bradbury Centre Wokingham Risk Assessment – Thursday 12th May 9.30am – 1pm @ The Earley Crescent Centre Health and Safety Level 2 – Wednesday 8th June 9.30am – 4.30pm @ The Earley Crescent centre Presentation skills – Wednesday 15th June 9.30am – 3.30pm @ Earley Crescent Centre DBS Training - Thursday 7th July 9.30am – 12.30pm @ Bradbury Centre Wokingham For info contact Claire Page, Training Coordinator, Direct Tel: 01344 383524 – <u>claire.page@involve.community</u> for more training dates please visit http://www.involve.community/train_calendar.php

FREE workshops following the Growth Club

Communications and Social Media workshop – 9th May @ Bracknell Forest Homes – Western Rd, Bracknell from 10-2pm. This will help inform a marketing strategy, communication content for various audiences and social media platforms available to use. There will be a light lunch provided.

Developing a funding strategy for sustainability – 23rd June @ venue tbc – 9.30-2pm. This will help inform a funding plan with a variety of methods and a tool to use. There will be a light lunch provided.

Main Growth Club meeting - 5th July at The Coppid Beech Hotel from 9-12pm. This will help you set goals for the next 90 days and access support to achieve them.

To book on these and the main Growth Club workshops please contact clare.rebbeck@involve.community

Wokingham Borough Council Training

Putting Dignity into Practice

Wednesday 11th May 2016 9:30am – 1pm Wokingham

Target audience: care/healthcare assistants, support workers & personal assistants. This training is about ensuring that dignity is at the heart of all care and support that we provide. It follows on from high profile media stories where the basic principles of dignity were missing. All bookings are via our online training resource – MyLearning: <u>http://wokingham.learningpool.com/</u>

First Steps with your Apple IPad

A 3-week course to help you feel comfortable using your own Apple iPad To Cover:

- Use of Settings
- Connecting securely to a WiFi network
- Swipe Actions and the Virtual Keyboard
- Using the App Store
- Using Safari

3-Week Course Thurs 23rd June – 7th July 2016 1.00pm – 3.00pm £30.00





Please note: Suitable for those learners who have no or very little experience. Learners should have their own Apple iPads, which they need to bring into the session. For more details or to book a place, contact Clare Arnaboldi or Kate Long on 0118 921 0555. Or Email:

earleycrescent@btconnect.com



www.involve.community



Reading Football Club

Venue	Cost	Dates	Days	Age	Time
Academy 4G Pitch	£42.00 for 2	Tuesday	2	6 years old	9.00 am
Madejski Stadium	days - No	31st May &	days	to	to
Reading	individual	Wednesday	-	14 years old	3.00pm
RG2 0FL	days	1st June			
Henwick Playing	£55.00 for 4	Tuesday	4	6 years old	10.00am
Fields	days	31st May to	days	to	to
Henwick Lane	£18.00 per	Friday 3rd		14 years old	3.00pm
Thatcham	individual	June 2016			
RG18 3BN	day				
The Goals Centre,	£55.00 for 4	Tuesday	4	6 years old	10.00am
Woodlands	days	31st May to	days	to	to
Avenue	£18.00 per	Friday 3rd		14 years old	3.00pm
Woodley	individual	June 2016			
RG5 3EU	day				
GOALKEEPERS	£30.00 for 2	Thursday	2	6 years old	10.00am
@	days	2nd June &	days	to	to
The Goals Centre,	£18.00 per	Friday 3rd		14 years old	3.00pm
Woodlands	individual	June 2016			
Avenue	day				
Woodley					
RG5 3EU	0.50 () (10.00
GIRLS ONLY	£50 for 4	Tuesday	. 4	6 years old	10.00am
The Goals Centre	days -	31st May to	days	to	to
Woodlands	£18.00 per	Friday 3rd		14 years old	3.00pm
Avenue	individual	June 2016			
Woodley	day				
RG5 3EU					

Contact Carol Moss for more information or to book a place.

> Carol Moss – 01189681480

<u>cmoss@readingfc.</u> <u>co.uk</u>

Venue	Select one session	Date
	only	
Wokingham Fire Station,	▶ 09.30 - 11.00	Wednesday
11-13 Easthampstead Road , Wokingham , Berkshire ,	> 11.30 - 13.00	11 th MAY
RG40 2EH	▶ 14.00 - 15.30	
Bracknell Fire Station,	▶ 09.30 - 11.00	Wednesday
Downshire Way, Bracknell Berkshire , RG12 7AA	> 11.30 - 13.00	18 th MAY
	▶ 14.00 - 15.30	
Bracknell Fire Station, Downshire Way, Bracknell	> 09.30 - 11.00	Wednesday 15 th JUNE
Berkshire , RG12 7AA	> 11.30 - 13.00	
	> 14.00 - 15.30	

Adults at Risk - Free fire safety awareness training.

Please note, only those booked onto the course will be accepted on the day. Deadlines for booking will be the last Friday before the training date. Booking forms are available from preventionsafercommunitiescoordinators @rbfrs.co.uk then please send booking forms back to the same address: preventionsafercommunitiescoordinators @rbfrs.co.uk

EMERGENCY FIRST AID AT WORK

ONE DAY COURSE:

Wednesday 13th July 2016 9.30am – 4.30pm (9.15am Registration – Course starts promptly at 9.30am) (£30 Administration fee) Lunch available to purchase on the day

For further information and/or to book a place please contact Kate Long or Clare Arnaboldi, Earley Crescent Resource Centre, Warbler Drive, Earley, RG6 4HB Tel: 0118 921 0555 / Email: earleycrescent@btconnect.com *Please note, all candidates must be able to adopt a kneeling position in order to pass the course*

Sleep Course for Parents/Carers -

Wokingham Learning Disability Partnership Board

This course is aimed at parents/carers of people with learning disabilities.

Friday 13th May from 9.30am to 1.15pm at the Earley Crescent Centre

This **free** course aims to help parents/carers learn more about the importance of sleep for health & wellbeing & learning, understand why sleep difficulties are so common in people with learning difficulties, learn sleep strategies and put together a 'sleep plan'. Places must be booked in advance – you can either book online at: <u>http://bit.ly/PSCSleepcourseLearningDisabilities</u> or for more information, email: <u>sleep@parentingspecialchildren.co.uk</u> or ring: 0118 986 3532 and leave a message. (*Please note, the course for professionals will be on Friday 17th June. More details will be available nearer the time.*)









Early Years Drama Workshop at the Crescent Centre

An opportunity for Pre-school Children and Parents, Grandparents and Carers to learn and have fun together We will use drama and creative play to unlock imagination, work with others and most importantly have a lot of fun

4 Week Course

Wednesday, 8th- 29th June 2016

Choose from Session One 10.00am – 11.00am or Session Two 11.15am – 12.15pm £10 per for family BOOKING IS ESSENTIAL!!!

For more details or to book a place, contact Clare Arnaboldi or Kate Long on 0118 921 0555. Or Email: earleycrescent@btconnect.com

It would be really helpful for me if you could put me in touch with different charities, and advertise me as a Mindfulness Teacher. I am very happy to run free taster courses about Mindfulness, so they can see what I do and if they are interested they can contact me to run the 9 week course.



www.involve.community

Mindfulness Taster Courses

I am a mindfulness teacher and I work with children, young adults and adults in schools, colleges and various groups, workshops and training days. I teach mindfulness and mindfulness meditation. I have been doing this for two years.

I trained with The Mindfulness in Schools Project the .b programme, it is a nine week course lasting one hour each week. .b aims to give students mindfulness as a life-skill.

I am very happy to run free taster courses about Mindfulness, so you can see what I do.

If you are interested in mindfulness and having some sessions please contact me:

Lynne Wilkes Email <u>lynne.wilkes@talk21.com</u> Mob 07940808252

Earley CResCent Resource Centre Warbler Drive, Earley, RG6 4HB

ADULT SAFEGUARDING - ONE DAY COURSE

Wednesday 6th July 2016 10 am – 1 pm (9.45am Registration – Course starts promptly at 10am) (£5 Administration fee) Lunch available to purchase on the day

The session will cover:

What is safeguarding adults? Who is an adult at risk of abuse & neglect? Types of abuse Introduction to the Safeguarding Adults Board Dealing with disclosure (when someone tells you about abuse) Reporting & Recording



CERTIFICATE OF ACHIEVEMENT

For further information and/or to book a place please contact Kate Long or Clare Arnaboldi, Neighbourhood Learning Centre, Earley CResCent Resource Centre, Warbler Drive, Earley, RG6 4HB

Tel: 0118 921 0555 / Email: earleycrescent@btconnect.com www.earleycrescent.org



Working in partnership for Wokingham Borough residents





www.involve.community



Fun Family Cookery Workshops

Have fun watching and helping

to prepare tasty, healthy food on a budget.

And of course EAT IT!

For Adults & Children over 4 years old

SATURDAY 25th JUNE 2016

11am—12.30 pm or 1.30pm - 3.30pm

£5 per family

To find out more or book a place, please contact Clare Arnaboldi or Kate Long on 0118 921 0555 Earley CResCent Resource Centre, Warbler Drive, Lower Earley, Reading, RG6 4HB

> Email: earleycrescent@btconnect.com www.earleycrescent.org



Working in partnership for Wokingham Borough residents





www.involve.community



Communications and Social Media Workshop 9th May 2016

If you need support in any of the below then this FREE workshop is definitely for you.

What does your mission statement say about your charity?

Does the written content of your leaflets, website, social media, posters and emails reflect who you are and what you do, reaching the right audience for best engagement effect?

Do you know how to identify your key audience groups (internal and external) and achieve the desired communication impact with them?

Do you need to experience some of the practical steps to put together an organisational communication strategy?

Do you need practical hints and tips for using social media effectively, including identifying the most appropriate platform(s) for your purpose and how to get the most from social media when you have a small number of employees/volunteers and limited time to spend 'doing social media'?

This will help inform a marketing strategy, communication content for various audiences and social media platforms available to use. There will be a light lunch provided.

10am - 2pm (registration 9.30am)

@ Bracknell Forest Homes, Western Rd. RG12 1RE

Lunch will be provided.

This Workshop is open to all; Book with

clare.rebbeck@involve.community



www.involve.community

Rocal Events

Dementia Event

These one day seminars are aimed at managers working in social care settings and will cover all aspects of good dementia care from identifying early signs through to supporting independence and working with other professionals. The benefits to you and your organisation of attending this seminar are as follows:

- 1. It will increase your knowledge of supporting people with dementia and increase your confidence in supporting your team.
- 2. Attending this day will enable you to develop your team yourself dementia development for your staff can cost a lot of money –and so the savings to your business will be significant.
- 3. The quality of care you provide to people with dementia will improve because your staff will be well developed and well supported this can contribute to an improved CQC inspection.
- 4. Your team will be developed to the high standards that you set.

Cost

Places will be charged at £180+VAT per delegate. Lunch and refreshments will be provided. Please do not send payment until after you have registered online. Dementia event - Skills for Care Offices, London 17.05.16 Registration 10:00, Welcome 10:15, Finish 16:00 <u>Book online here</u> <u>Rachel.Reid@skillsforcare.org.uk</u>

Sport Mind

Mental Wellbeing Sport and Physical Activities

The mental wellbeing sports programme is a FREE service designed to promote and encourage positive mental wellbeing using sport and exercise as a tool. The sessions are run in a relaxed environment by qualified coaches. There are several different levels at which you can play. You can

play at a competitive environment, in which you compete with players and teams at your own level, or you can relax and learn the sports at your own pace with our coaches. How to join in with the sessions: GP referral to the sessions, Self-referral, Referral through a carer/care home, Referral via a charity or Volunteer to help.

Programme Schedule

BADMINTON AND SHORT TENNIS

Tuesdays 12noon to 1pm, At Loddon Valley Leisure Centre, Rushey Way, Lower Earley RG6 4GD **TABLE TENNIS**

Fridays at 1.45pm to 3pm, At St Crispin's Leisure Centre, London Road, Wokingham RG40 1SS **STRETCH AND RELAX**

Thursdays at 11.30am to 12.30pm, At St Crispin's Leisure Centre, London Road, Wokingham RG40 1S **HEALTH WALK**

Friday 11.30am to 12noon, Meet at the Old Forge, 45-47 Peach St, Wokingham RG40 1XJ **FOOTBALL**

Wednesday at 6pm to 7pm, At GOALS Football Centre, Woodlands Ave, Woodley, Reading RG5 3EU **VOLLEYBALL**

Wednesday's at 12 - 1pm, At LODDON VALLEY LEISURE CENTRE Rushey Way, Reading RG6 4GD **Please contact Stephen Orwin for further details on <u>stephen.orwin@wokingham.gov.uk</u> or call (0118) 974 6962**



www.involve.community

Bradbury Centre Alzheimer's Café

Wednesday 30th March and every other Wednesday 2-4pm in the Bradbury Centre Meeting Place (Methodist Church), Rose St. Wokingham.

For enquiries please contact Andy Knight on 07850 600825



Friendship Week 2016 Celebrating Friendship, 14th - 21st of May



A week of events to promote friendship and combat the serious impact of loneliness among older people linkvisiting.org/friendshipweek

An Evening with: Phil Parkes, Alan Devonshire & Tony Gale 14 May 19:30 Film: High Society 15 May 15:00 Film: Brooklyn 19 May 17:30 Friday Night Quiz 20 May 19:30 Community Picnic 21 May 13:00 Or Host Your Own Fundraising Event More Information & Tickets: linkvisiting.org/friendshipweek 0118 979 8019

The Earley & Woodley Volunteer Recruitment Fair on Saturday 28th May 2016

Does your organisation need to recruit more volunteers now or in the near future? If so, then please read on!

The Wokingham Volunteer Centre is holding a brand new event **at the Oakwood Centre, Headley Road, Woodley RG5 4JZ, from 10am-1.30pm** (opening hours to the public). We hope this event, which will take place in the Carnival and Maxwell Halls, will be the first of many and will be a fantastic opportunity to raise awareness of your organisation, recruit volunteers and network with other organisations. The halls are booked from 9am-2pm to allow time to set stands up and to clear away at the end of the day. For those of you who don't know the venue, it is all on one level, benefits from a large car park just opposite and now boasts a Brown Bag café! We will be advertising the Recruitment Fair on the internet and in the local press running up to the event, as well as sending posters to libraries, local shops and businesses, schools, colleges, Reading University, Parish Councils, community halls and groups across Wokingham Borough, so hope to attract lots of potential volunteers for you. We will also produce a new banner which will go up at the Oakwood Centre for two weeks prior to the event.

The cost to attend is £15 per stand. If you are interested in attending, please let us know as soon as possible by completing the attached booking form. We will contact you regarding methods of payment, once you confirm that you would like to book a stand. Spaces are limited, so please contact us ASAP if you would like a space! Phone: 0118 977 0749 or Email: manager@wok-vol.org.uk



www.involve.community

Queen's Birthday in Wokingham



Queen's Birthday in Wokingham The Great Town Hall Charity Bake Off

Thursday 2nd June 2016 Come and show off your baking skills at the Town Hall Charity Bake Off in aid of the Town Mayor's Charity.

Simply - Bring a batch of 6 biscuits, 6 small cakes or 1 large cake with a **Queen's 90thBirthday theme** to the Town Hall between 10.00am and 11.00am for our judges to review.

Judges will be looking at design as well as taste. Children's and adult categories.

Prizes will be presented to the winning entries at midday. All cakes will be sold off in aid of charity between 12 and 4pm. So do stay or come and join us for a civilised afternoon of tea and cake!

If you think you could be one of our star bakers, put your apron on and get baking! For full details of the competition and to register your interest please email <u>civic@wokingham-tc.gov.uk</u> by **Thursday 12th May**. For the little ones who love to be creative- craft activities will be available all afternoon too

Do you know anyone in Wokingham who is 90 this year?

As part of the Towns' Queen's 90th Birthday celebrations, Wokingham Town Council and WADE are putting on a tea party on **Saturday 25th June** called **Tea Time 90**, for all our 90 year old residents. So if you have any relatives or friends who were born in 1926 and will be 90 this year please do get in touch as we would love to hear from you. <u>civic@wokingham-tc.gov.uk</u>



WEDNESDAY SPACE

A short service of **Holy Communion**, especially for people living with dementia accompanied by their carers. DATE: 2nd Wednesday of every month TIME: 2:30pm LOCATION: **St Nicolas Church** Sutcliffe Avenue, Earley Reading, RG6 7JN 0118 966 9080 www.stnicolas.org.uk





www.involve.community

New! Wokingham Walk

Registration required!

New to Wokingham this year, the Wokingham Walk on **Sunday 15th May** is a charity walk raising money for ARC Counselling. There are two marked routes, 5 miles and 15 miles, so there is a walk suitable for everyone. Why not make it a friends and family affair and stop off for a picnic or pub lunch on the way round? To register for the walk and for more details: <u>www.wokinghamwalk.co.uk</u>

Queen's 90th Birthday Street Party and International Street Concert Save the date!

On **June 12**, Wokingham will join the rest of the nation to celebrate the Queen's 90th Birthday.

Wokingham Town Council is opening up Broad Street from 1pm for a **Community Street Party** followed by the annual **International Street Concert** at 6pm. Join us at the main stage for a fun packed afternoon full of free entertainment including children's art & craft activities, street entertainers and local musical acts with performances from Wokingham Rock Choir and Bruce Neil. In addition from 10am, Wokingham Market place will be playing host to Wokingham's first ever Art fest!, and the wonderful Wokingham Art Societies Diamond Jubilee Frieze will be on display in the Town Hall. With food available throughout the day just grab your bag, pack your chairs and organise your family and friends out the door...and come and join us for a fantastic day out. <u>www.qbiw.co.uk</u>

Wokingham Bikeathon 2016

Registration required!

Fancy a fun day out getting to know Wokingham a little better and raising money for charity? Oops did I mention the bike bit?

If you are a keen amateur cyclist or just a family looking to spend a few active hours together, why not join in the Wokingham Bikeathon on **Sunday 26th June**. There's a 35 mile route or a gentler 15 mile route to choose from and plenty of places to stop for a rest if needs be along the way. To sign up go to www.wokinghambikeathon.co.uk.



www.involve.community

Cianna's Smile Sickle Cell Awareness Masquerade Ball

Saturday 17 September 2016

A night filled with elegance, fun and entertainment.

Tickets (£55 before 30 June, £65 thereafter) include welcome drink, 3 course meal with complimentary water, dance performance from award-winning ballroom dancers, performance from the talented singer Julia Titus, live auction and disco.

This event is raising money for a local charity that aims to raise awareness about Sickle Cell Anaemia in the Thames Valley area.



Afternoon Tea with LD/D!

(Other refreshments will be available!)

Wednesday 25th May, 2016

1.30pm to 3.30pm

In the Large Hall, Woodley airfield youth centre, Hurricane way, Woodley RG5 4UX *(free parking available on site)*

- Re-launch of the Learning difficulties & disabilities network meetings.
- Opportunity to meet and network with statutory, charitable and voluntary organisations.
- Going forward.



INVOIVE making a difference locally

www.involve.community



Wokingham Carers Forum

Do you provide unpaid, informal care for a child, loved one, spouse, friend or neighbour? Would you like to have a say in what the new support service for Carers will offer? Come and join us so we may hear your voice. Refreshments and cake will be provided.

Wokingham Carers Forum a focus group to hear the voice of unpaid, informal Carers and what support they need going forwards within the new Carers Service which is being developed by Wokingham Borough Council.

When: Thurs 19th May from 10am to 12pm Where: Wokingham Town Hall, Market Place RG40 1AS

This event is open to all. Contact clare.rebbeck@involve.community





www.involve.community

Page | 15



Lunchtime Concert

5th May Town Hall 12 -1pm Free

We continue our Thursday Lunchtime Concert programme this month with the instrumental and vocal group the Cameo Consort. So if you fancy a little music to brighten your day, do stop by. No booking required. <u>www.wokingham-tc.gov.uk/culture/</u>

Theatre: God of Carnage

5th - 14th May Wokingham Theatre 7.30pm Tickets £10 online

God of Carnage -by Yasmina Reza -What happens when two sets of parent's meet up to deal with the unruly behaviour of their children? A calm and rational debate between grown-ups about the need to teach kids how to behave properly? Or a hysterical night of name-calling, tantrums and tears before bedtime? This is a hilarious study in the tension between the civilized surface and savage instinct of parenthood



www.wokingham-theatre.org.uk

Sunny Saturdays Entertainment in the Market Place

From 7th May to 25th September Times vary

Free

Calling all children.....

On Saturday mornings in May 11 - 1pm, stop by the Market Place to see special guests and entertainment to please all ages.

7th May - Meet the Minions

15th May - Enchanted Players present Princess Belle and Captain America

21st May - Magic and mystery from the brilliant Matthew Garrett

Afternoon performances for everyone: 7th May - Saint Sebastian Wokingham Band (1-3pm) 15th May - Danny Mountain music and dance for Elvis & Blues Bros fans (2-4pm) 21st May - Wokingham Choral Society (2-4pm) 28th May - Strictly Cuban Salsa (2-4pm)

For details: www.wokingham-tc.gov.uk/culture/





www.involve.community

Theatre in the Park: My Friend Peter

8th and 15th May Howard Palmer Gardens 2.30 - 4pm

Free

Bring the family for this wonderful free performance of My Friend Peter. This family friendly folk musical is for all those who seek big adventures in little places. Join Beatrix as she makes her journey through the uncharted water of a life most unexpected; share in the loves, losses, struggles and triumphs of one of the most celebrated authors in children's literature. For details:

www.wokingham-tc.gov.uk/culture/



Enjoy Film Screenings to Football Legends Evening during friendship week with The Link Visiting Scheme.

14th -21st May Various venues within Wokingham

14th May- **An Evening with Phil Parkes, Alan Devonshire and Tony Gale -** 7.30pm Whitty Theatre. £22.29. Come with questions, enjoy a few beers and take a selfie!

15th May- Film: High Society - 3pm, Whitty Theatre, £7.52

19th May- Film: Brooklyn - 7.30, Whitty Theatre, £7.52

For details: www.linkvisiting.org/friendshipweek/

The Wokingham Charity Walk

15th May Wokingham Registration required!

New to Wokingham this year, the Wokingham Walk on **Sunday 15th May** is a charity walk raising money for ARC Counselling. There are two marked routes, 5 miles and 15 miles, so there is a walk suitable for everyone. Why not make it a friends and family affair and stop off for a picnic or pub lunch on the way round?

To register for the walk and for more details: <u>www.wokinghamwalk.co.uk</u>







www.involve.community

Wokingham Music Club: Hank Wangford

20th May Emmbrook Sports & Social Club 8 - 11pm Tickets £10 online

If Daniel O'Donnell is the brightly scrubbed face of British country music then Hank Wangford is its guilty conscience, its dark and troubled grubby soul. Hank has picked at the miserable underbelly of country music for twenty eight years, inspiring others like Billy Bragg, The Alabama Three and other country musicians. For details: <u>www.wokinghammusicclub.co.uk</u>

Talk: Shakespeare Alive

26th May Wokingham Town Hall 7.30 - 9.30pm £5 from Information Centre

At this talk Wokingham Theatre's Artistic Director Nicky Allpress will show you another way to learn and even teach Shakespeare, live and immersed in the text, a theatrical approach that will keep you entertained while covering the finer points he intended to explore. For details: <u>www.wokingham-tc.gov.uk/culture/</u>

Children's Fun Day

28th May Langborough Rec 10 - 4pm Free

A free Fun Day for the children of Wokingham. Come and join us for face painting, magic shows, petting zoo, fairground rides, candyfloss and lots of fun! Food and refreshments on site plus plenty of room for picnics. For details: www.wokingham-tc.gov.uk/culture/











Are you registered on the Wokingham Directory?

(Formally known as WIN) Here is the link to register with the directory: https://directory.wokingham.gov.uk/kb5/wokingham/directory/register.page Here is the link for providers who have already registered with the directory and need to update their listing: https://directory.wokingham.gov.uk/kb5/wokingham/directory/sign_in.page?e=signin?retu rn=dashboard.page

Message from Brian Grady @ Wokingham Borough Council

We are embarking on an exciting time of change in Wokingham and we are keen to share that with you as one of our local Voluntary and Community sector colleagues some of our thinking and ask for your ideas as to how we can work more collectively with children and families.

As such I would like to invite you all to our monthly brunch to share our plans and further discuss how we can work in partnership. The next one is to be held on 26th May 2016 11-12pm in the Board Room, Shute End, Wokingham. I do hope you can make it and would ask that you confirm your attendance if you can to Brian Grady

Brian.Grady@wokingham.gov.uk

Wokingham's third edition Safeguarding Children Board Briefing (Find attached to this email with The Chain)

Wokingham Safeguarding Children Board (WSCB) meets five times a year and discusses how agencies should work together to keep children and young people safe in the Wokingham Borough.



www.involve.community



BME Forum Meeting - TUESDAY 28th JUNE 2016

Ashwani.gupta@wokingham.gov.uk - 07825195503

Date of the next BME Forum meeting to be held at the Council Chambers, Wokingham Borough Council, Shute End, Wokingham at 6.30pm. Minutes and the agenda will be sent to you in the near future. If you have any items for agenda please let me know.

Wokingham Health & Well-Being Board

Next meeting open to the public Thursday, 16th June 2016, 5-7pm @ Shute End, Wokingham



Growth Club

The next Growth Club will be held on the 5th July at The Coppid Beech Hotel from 9-12pm – the last one for 2016 is same time and place on the 4th October.

Developing a Funding Strategy

Developing a funding strategy for sustainability – 23rd June @ either involve or coppid beech dependent on numbers – 9.30-2pm. This will help inform a funding plan with a variety of methods and a tool to use. There will be a light lunch provided.

To book on both of the above contact clare.rebbeck@involve.community



www.involve.community





Our Community Navigation Scheme is up and running in Wokingham Borough!



So, what is Community Navigation?

Community Navigation is simply a guided process to help people access local community organisations and voluntary groups—to help give them a better sense of well-being and social inclusion.

For more information, see our website: <u>www.involve.community</u> or ask your GP.

If you'd like to volunteer as a Community Navigator, we would love to welcome you! Please contact us on 01344 304404



www.involve.community



The Care Quality Commission (CQC) is the independent regulator of health and adult social care in England. We make sure health and social care services provide people with safe, effective, compassionate, high-quality care and we encourage care services to improve.

In July we will be running a campaign both highlighting the experiences of occasional users of mental health services and also encouraging people who haven't to share their experiences with us.

We are interested in including real life case studies into this campaign and love your support in finding people willing to take part and share their stories. I have attached a letter with more information and a promotional poster, it would be greatly appreciated if you could share the relevant text in the letter and the poster to your contacts and promote the call for case studies through whatever channels you have. If you have any questions or would like more information then please get in touch.



Fraudsters are texting members of the public offering a tax rebate. The text message contains a link to a website and requests to provide personal information, such as bank account information, to claim the non-existent rebate.

Protect Yourself

- Don't click on web links contained in unsolicited texts or emails.
- Never provide your personal information to a third party from an unsolicited communication.
- Obtain the genuine number of the organisation being represented and verify the legitimacy of the communication.
- HMRC will never use texts or emails or tell you about a potential rebate or ask for personal information.
- If you have provided personal information and you are concerned that your identity may be compromised consider Cifas Protection Registration.













www.involve.community



WCSU the ophthalmology and end of life services, as projects are underway to look at how these services might look in future. Two online

surveys are now live on the Berkshire Health Network (www.healthnetwork-berkshire.nhs.uk)

Improving services for patients: End of life and palliative care

NHS commissioners have begun a programme to transform local NHS services. This programme will ensure that people continue to experience safe, effective, high-quality care. It builds on the feedback we had last autumn, when we asked people for their views about the Berkshire West Primary Care Strategy and the future of NHS services. In planning for the future, we need to make sure that services meet the needs of patients effectively, whilst achieving the best value for money. The End of Life (EOL) project is part of this programme to transform local NHS services. It aims to ensure that patients who have been diagnosed as being at end of their life will have choice about where they are cared for and subsequently die, as well as avoid going into hospital for care that can and should be provided in their preferred place. The project also aims to ensure a personalised experience of the last phase of life that is as good as possible, including support to families, friends, carers and all those who are important to the dying person. To shape end of life and palliative care services, we're asking people to give us their views in an online survey on the Berkshire Health Network (www.healthnetwork-berkshire.nhs.uk The survey will close on 26 May 2016 and the feedback and views gathered will be used to inform how service develop in the future. Please pass on the news of this review and the link to the survey to anyone who might be interested in giving us feedback about the end of life and palliative care service.

Improving services for patients: Minor eye conditions

NHS commissioners have begun a programme to transform local NHS services. This programme will ensure that people continue to experience safe, effective, high-quality care, but aims to reduce the need for patients to travel to hospital unless they really need to. The care pathway for treating minor eye conditions is being reviewed as part of this transformation programme. Minor eye conditions include: allergies, inflammation or infections of the eyes or eyelids, bulging eyes, cysts, styes, ulcers of the eye, dry eye syndrome, twitches, inward turning eyelids, in growing eyelashes, floaters, visual disturbances, painful bloodshot eye, palsy of the eye muscles, Inflamed optic nerve, problems with the blood vessels in the eye, loss of vision. The existing contract to provide this service expires in September 2016 and this if the perfect opportunity to make any changes before the new contract is put in place. This transformation programme builds on the feedback we had last autumn, when we asked people for their views about the Berkshire West Primary Care Strategy and the future of NHS services. At that time a growing number of people said they were willing to engage with a clinician over the phone or using email. Also we had feedback that people were aware of the challenges facing the NHS through local and national media coverage and accept that NHS services need to change to cope with the demands on them. In planning services for the future, we need to make sure that services meet the needs of patients effectively, whilst achieving the best value for money. For this review of the ophthalmology service we want to get the views of people from all backgrounds, regardless of gender, age, ethnicity or socio-economic background. We encourage feedback from everyone with an interest in this area and there is a short survey on the Berkshire Health Network (www.healthnetworkberkshire.nhs.uk) to gather views. The survey will close on 22 May 2016 and the feedback and views gathered will be used to inform the specification developed for the new provider contract. Please pass on the news of this review and the link to the survey to anyone who might be interested in giving us feedback about the ophthalmology service.



www.involve.community



Improving eye and end of life services for patients

NHS commissioners want to hear what people think about two services: the ophthalmology service that treats minor eye

conditions and the end of life and palliative care service. Two projects are underway to look at these services, as part of the CCGs' transformation programme, which builds on the feedback we had last autumn, when people gave their views about the Berkshire West Primary Care Strategy and the future of NHS services. People can give their feedback on the ophthalmology service or on the end of life service by completing short online surveys that are currently on the Berkshire Health Network. The ophthalmology survey closes on 22 May 2016 and the end of life survey closes on 26 May 2016. The CCGs will use the feedback and views gathered to inform the way that these two services develop for the future.

For more information and to complete the surveys, take a look at the Berkshire Health Network <u>www.healthnetwork-berkshire.nhs.uk</u>

The TIPs event on 25th May at the Calcot hotel (12:30 lunch for a 1pm start)

Thank you to those who have confirmed their attendance/contribution to We are very much looking forward to this event which will see 180 delegates from Primary Care in attendance, a great opportunity to spread the knowledge of safeguarding. We very much hope you will commit to this attendance.

For those who have agreed to host a stall, thank you, please can you confirm this by 10th May and plan on the day to arrive at the Calcot for 12noon to set up.

For those giving presentations, thank you. Please can you ensure that your presentations relate to the work of GPs/GP practices and if you need any help with this please contact myself or Kathy Kelly (copied). **Please can we have your draft presentations by Friday 13th May**.

We really feel the links with GP colleagues are strengthening and your support at this event will reinforce this. Thank you in advance for your support. We look forward to hearing from you.

Liz Stead - Named Professional Safeguarding Children for Primary Care

Berkshire West Clinical Commissioning Groups

Tel: 01189822977 Mob: 07557494898

Safeguarding is everyone's responsibility - visit Berkshire Procedures Online <u>http://berks.proceduresonline.com</u>



www.involve.community







juicerewards.co.uk Register online today to find out more about Juice.

Of interest to Organisations dealing with: Learning Disabilities,

The Learning Disability Development Fund (LDDF) Bidding Round for 2016-2017 has been announced. Over the years, this fund has provided support to a wide range of projects and initiatives that made a positive impact on the lives of people with learning disabilities locally.

Eligibility

The bid should benefit people with learning disabilities (not just those people who get support from social services) and their families living in the Wokingham borough. The project does not have to be based in the Wokingham area, as long as it includes people with learning disabilities who live in the Wokingham area.

What For?

They are particularly interested in supporting projects which help to develop cross-community working (i.e. projects which include people with learning disabilities in addition to other vulnerable groups). If you want a copy of the guidance and application form documents, then email me at Bruce.Wright@involve.community and I will forward them to you or alternatively you can contact the Partnership Board office on tel: 0118 324 6484 and ask for Sarah or Jennie.

How Much? N/A

Deadline They will need to receive your completed application form by Monday 30th May at 5pm.

More Information

If you would like more information about the process, an idea of projects funded in previous years or think you might need some support with this application - please contact the Partnership Board office on tel: 0118 324 6484 and ask for Sarah or Jennie.



www.involve.community



www.involve.community