



The Chain

Wokingham Borough's Voluntary & Community Group Newsletter

Every volunteer and community group is a link, in an ever growing chain and working together makes us all stronger

Welcome, We are now fully in the summer holiday season, the schools have broken up, people are setting off on their holidays... but there is also so much going on!

First date for your diary: 9th September: Wokingham Voluntary Sector Network Meeting

At the Earley CResCent Resource Centre 9.30am to 12.30pm. This meeting is open to all residents, voluntary organisations and statutory partners who want to know more about the 'Care Act'. Please invite as many beneficiaries of your organisations as you can who want to know more about the changes and how it may affect them. Also, take the opportunity to meet Councillor Mark Ashwell – the new communities and voluntary sector champion in Wokingham Borough.

Second date for your diary... 24th September 3pm – 5pm: Free Training event on – Crowd Funding. At the Community Hall in Sandhurst Memorial Park.

Ever wondered how people and groups raise money via Crowdfunding? Come along to this joint event hosted by Sandhurst Town Council and involve and find out how to do it. Don't know what Crowdfunding is:- it is a way of raising money by asking a large number of people each for a small amount of money and uses social media to reach people.

Want to know more? Then come along and find out! The event is free and open to anyone involved with a community or voluntary sector organisation in Bracknell Forest or Wokingham Borough. Book your space now at: <https://www.eventbrite.co.uk/e/crowd-funding-tickets-18000975402>

Finally; we have received a letter from the Lord Lieutenant of Berkshire asking us to raise awareness of and encourage entries for the Queen's Award for Voluntary Service. This is the highest award given to volunteer groups across the UK and is the equivalent to an MBE! Wokingham Borough has done well with this award over the years with community groups/charities including: COATS, the Red Diamond Club and more winning/receiving this award.

You need to know that nomination forms are no longer given out, if you want to nominate a group/charity/organisation then you can do so here: <https://qavs.direct.gov.uk/> Eligible groups should consist of 2 or more people doing voluntary work, and they should be providing a service that meets a need of people in the local community. They should be recognised, supported and respected by the community and the people that benefit from their service. Think about your community now, think about who you know and what goes on in the community and then fill out the nomination forms!

Thanks everyone, that's all for now. Until next time! Phil - Philip Cook, General Manager – involve - Philip.cook@involve.community

Come and join us for the

Voluntary Sector Network Meeting

Wednesday 9th Sept 9.30-12.30am

Special extended meeting

Earley Crescent Resource Centre

The Care Act – find out all about the changes

All are welcome, including Carers and those receiving care and support

Please invite your beneficiaries, volunteers and staff – The new Care Act is based on well-being principles and new legislation which all of us in the prevention and care fields should be aware of to ensure individuals rights are met.

Speaker; Marlina O'Donnell

Also meet Mark Ashwell the new WB Concillor for Communities and the Voluntary Sector

Next meeting

Monday 2nd November 12-2pm

Venue tbc

Further details to follow

To book a place please contact clare.rebbeck@involve.community
Tel: 07809 563714

Follow us now on twitter @involve_WB



Does your organisation need to recruit more volunteers now or in the near future?? If so, then please read on!

The Wokingham Volunteer Centre is holding the next Volunteer Recruitment Fair in October of this year. This will be our seventh consecutive year and it has always proved to be highly successful!

It is always a fantastic opportunity to raise awareness of your organisation, recruit volunteers and network with other organisations.

We would like to invite you to be part of the next one, which is taking place on Saturday 10th October 2015. It will be held at the Bradbury Centre, at the Rose Street Methodist Church, in Wokingham Town Centre from 10am-1pm (opening hours to the public.) The centre will be booked from 9am-2pm to allow time to set stands up and to clear away at the end of the day. For anyone who knows the Bradbury Centre, we have the church and the two larger rooms upstairs. Unfortunately, unless your group has specific needs, we are not able to guarantee a stand in a specific location/room. Please note that there is a lift at the Bradbury Centre.

We will be advertising the Recruitment Fair on the internet and in the local press running up to the event, as well as sending posters to libraries, local shops and businesses, schools, colleges, Reading University, Parish Councils, community halls and groups across Wokingham Borough, so hope to attract lots of potential volunteers for you! We also have our banner again this year which will go up in Wokingham Town Centre for two week prior to the event, so this should definitely help.

Cost of a stand is £25. If you are interested in attending, please let us know as soon as possible by completing the attached booking form. We will contact you regarding methods of payment, once you confirm you would like to book a stand. Spaces are limited, so please contact us ASAP if you would like a space! 0118 977 0749 or volunteer@wok-vol.org.uk

Helena Badger and Christine Knox

CAMPAIGN by Directory of Social Change

The beginning of the story – Labour raids the Lottery as Olympics budget is trebled.

After London won the bid for the 2012 Olympics, the organisers and the Government realised they needed to treble the budget to some £9.3bn, including a massive multi-billion pound contingency. As a result, in 2007 the Government raided an additional £675 million of lottery revenues to help fill the gap. £425 million of this should have been distributed by the Big Lottery Fund.

There are signs of progress in getting the money back from the latest developments in 2014, however there is still some way to go to returning the £425 million which is so crucial to charities.

Lottery money is not Government money. It is raised from lottery sales not taxation, and it is intended to benefit charitable causes, not Government coffers. This money should not have been taken in the first place.

It's stating the obvious that charities and the millions of people they help across the UK need this money to be refunded now, not in several decades time!

Government made a promise to pay it back – and we want it back! NOW!

You can help us achieve this by supporting our campaign today!

Follow the link below to see how you can help.

http://www.biglotteryrefund.org.uk/howyourcanhelp.html?dm_i=6S7,3JAW8,7AW7YZ,COF3A,1

The Government has decided to delay Care Act reforms due to come into force in April next year in the light of concerns expressed by the LGA and many other stakeholders about the timetable for implementation. This means that the cap on care costs system, including changes to the means test and the duty to meet the eligible needs of self-funders in care homes will be delayed till April 2020. The introduction of the appeals system has also been deferred and will be considered as part of the wider Spending Review.

There remains a clear commitment to implementing the cap in this Parliament and plans for implementation will be revised shortly. Find out more on 9th September meeting, Page 2.

Best wishes, Marlena O'Donnell, Wokingham Borough Council

Policy and Strategy Manager

Care Act Programme Manager



West Berkshire Council's Public Health Team has joined forces with Thames Valley Positive Support (TVPS) a charity that supports people affected by HIV throughout Berkshire, to offer an HIV testing 'tri' service.

The free service will enable people living within West Berkshire to choose from three different methods of having an HIV test.

Test appointments can be booked at a community venue, at a person's home or a postal test can be provided. Community and home HIV tests will give results at the appointment and postal testing results are received within 2 working days.

TVPS currently test monthly at Broadway House in Newbury but have learnt from their service users that the fear of being seen at a testing venue and the cost of travelling across a rural district to that venue are key barriers to people being tested

Sarah Macadam, Chief Executive at TVPS said, "There are many barriers that prevent people from testing. Offering three methods of testing, or 'tri testing', removes these barriers, giving people a choice and opportunity to have an HIV test in the way which suits them. It's a vital step towards making HIV testing a part of everyone's healthcare routine."

She added, "In January 2014 we launched an innovative community HIV testing project in the county, using venues not normally associated with clinical testing, such as libraries, community centres and supermarkets. This was a huge success which we believe will be just as popular in West Berkshire. "

Graham Jones, West Berkshire's Executive Member for Health and Wellbeing said, "We are keen to ensure that the risk of HIV stays on people's radars. People across the board are at risk of contracting HIV and by offering the residents of West Berkshire an accessible and discreet testing service, we hope to reduce the number of late diagnoses. HIV is a manageable condition but we are urging people not to become complacent and to take this opportunity to be tested."

All three methods of HIV testing are free of charge. Community and home appointments also offer a three month supply of condoms to anyone testing.

For more information, to book an appointment or to order a postal test visit www.timetotest.org.uk or if you are affected by HIV visit www.tvps.org.uk



Wokingham, Bracknell & Districts Mencap
Suite 2, Oakmede Place, Terrace Road South Binfield,
Berkshire RG42 4JF

0300 7778539 -admin@wokinghammencap.org

www.wokinghambracknellmencap.org

Wokingham, Bracknell & Districts Mencap is a local charity working with people with a learning disability and those with an autism spectrum condition, their carers and families. We have the following opportunities:

FAMILY LIAISON WORKER - Wokingham

20 hours per week £22,750 pro rata

We have a vacancy for a part time Family Liaison Worker to support Wokingham families with young people of transition age and adults with a learning disability and/or autism spectrum condition. We are looking for a self-motivated, empathetic and flexible person to provide a direct information and support service to carers and families of people with a learning disability. Knowledge of the needs of the learning disabled and those with an autism spectrum condition and their families is essential. Must have own transport.

Closing date for applications for this vacancy is 12noon 17th August 2015

@ THE ACORN CO-ORDINATOR, Wokingham

Average 4 hours per week - £10.50 per hour

@ The Acorn is a social club for adults aged 16+ with learning disabilities including those with more profound and complex needs. The club runs every Tuesday evening from 7.00pm to 9.00pm at The Acorn Community Centre, Woosehill, Wokingham. Post includes arranging activities, administration and managing support staff and volunteers.

Closing date for applications for this vacancy is 12noon 6th August 2015.

We are looking for enthusiastic and self-motivated people to join our teams in Wokingham and Bracknell. Experience of working in similar positions is desirable, but full training will be given for any successful applicants.

For further details and a job specification please contact us on 0300 7778539 or email admin@wokinghammencap.org

References and an Enhanced DBS (Disclosure and Barring Service) check will be carried out on the successful candidates.

FOR MORE INFORMATION OR TO APPLY, PLEASE CONTACT US AT THE ABOVE ADDRESS, EMAIL OR TELEPHONE FOR A JOB DESCRIPTION AND APPLICATION FORM

BME Forum Meeting

**Tuesday 8th of September at 6.30pm, Council Chambers, Shute End, Wokingham.
Please let Ashwani know if you would like to attend or for the Chairman to consider
an item on the agenda.**

Ashwani Gupta - Social Inclusion Officer Tel 01189746790 - Mobile: 07825195503

Ashwani.Gupta@wokingham.gov.uk

Dear Berkshire Health Network members

You are invited to attend and observe the Joint Primary Care Co-Commissioning Committee (JPCCC) meeting on Wednesday September 9th 2015. This is a joint meeting between the four CCGs in Berkshire West and NHS England who will be discussing the joint commissioning of GP services, as well as the delivery of the local strategy for primary care.

The meeting takes place at the Oakwood Centre in Woodley (RG5 4JZ) from 1pm to 4pm. Any member of the public is welcome to come and observe the meeting.

A copy of the meeting agenda and papers can be found on each of the four CCG websites from 2 September 2015.

- South Reading CCG: <http://www.southreadingccg.nhs.uk/jpccc>
- North and West Reading CCG: <http://www.nwreadingccg.nhs.uk/jpccc>
- Wokingham CCG: <http://www.wokinghamccg.nhs.uk/jpccc>
- Newbury and District CCG: <http://www.newburyanddistrictccg.nhs.uk/jpccc>

Any member of the public is welcome to come and observe the meeting. If you would like to attend the meeting please email ppiteam.berkshirewest@nhs.net or telephone 0118 982 2709 to reserve your place. This is also the email and telephone number for questions related to the agenda which should be submitted in advance before 8 September.

We ask for reservations in order to provide the correct number of public gallery seats and to produce the right number of meeting paper packs for members of the public.

With best wishes from PPI Team for NHS Berkshire West CCGs.

Registrations are now being taken for the inaugural

South Neurological Commissioning Network event:

Date: Tuesday 22nd September
Venue: Mary Ward House, 5-7 Tavistock Place, London WC1H 9SN

The meetings aim to update attendees on both national policy priorities and local work programmes. They will enable the sharing of good practice in commissioning and valuable networking opportunities.

Follow this link to view a draft agenda for the meeting, which will start at 12.45pm with a buffet lunch. http://www.nhis.com/uploads/email-assets/South_agenda_2015.pdf
Places are limited and will be issued on a first come – first served basis. To secure your complimentary place please return the requested information on this link, we will then confirm your booking. If this is more relevant to a colleague please forward it on to them.

Sarah Gilmour, Events Manager, NHIS

T: 0845 121 3686 - DD: 0115 988 8194 (8am – 1pm) - M: 07908 249980

sarah.gilmour@nhis.com

Berkshire Carers Service

facilitate the new Carers Forum aimed at ensuring local Wokingham carers have their say on helping to shape future services.

All (unpaid, informal) carers are welcome to attend the meeting on **Thursday 6th August**, Venue tbc. From **10am to 12.00pm**.

Professionals and organisations with interests in carers are also welcome.

Please advise if you are able to attend to;
Steve Hammond - Outreach & Development Officer, Tel: 0118 960 7042
Email: steve@berkshirecarers.org

The Government has published its annual **Community Life survey** that measures volunteering rates and giving to charities. This year's survey found volunteering rates are virtually unchanged from the previous year. The survey found that 27 per cent of adults took part in formal volunteering activities at least once a month in 2014/15, the same figure as in 2013/14.

It found 42 per cent of respondents took part in formal volunteering once a year in 2014/15, an increase of one percentage point on 2013/14. The survey also asks how much people had given to charity in the four weeks before the interview. It found that they had given on average £22, up from £21 last year.

The survey is based on interviews with 2000 people.

https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/447010/Community_Life_Survey_2014-15_Bulletin.pdf?utm_source=LINX+385+-+23+July&utm_campaign=LINX385&utm_medium=email

From Brian Grady, Head of Commissioning, WBC

We are embarking on an exciting time of change in Wokingham and we are keen to share that with you, as one of our local Voluntary and Community sector colleagues, some of our thinking and ask for your ideas as to how we can work more collectively with children and families.

As such I would like to invite you to what we hope will be a series of meetings to share our plans and discuss how we can work in partnership.

I do hope you can make it on 24th September, 11.30 to 12.30pm – Shute End, Board Room and would ask that you confirm your attendance if you can. If you know of an organisation that you think would benefit from attending and that we would benefit from hearing from please do ask them to contact me.

Brian.grady@wokingham.gov.uk

The Children & Young People's Partnership are looking at a few ways to work together more, to scope out the potential for further alignment of community and early help services between partners across Wokingham, with 3 key areas being the below:

- i Multi-disciplinary working, clusters or localities
- i Logistics including offices, information systems, remote arrangements
- i Referral and information pathways for children and families

If your organisation would like to be involved in this scoping then please let Phil Cook at involve know on phil.cook@involve.community

Please note our new name and logo... This is why:

Citizens Advice is a household name. We're recognised, respected and trusted. Every year, millions of people turn to us – and they are overwhelmingly positive about the help we give them. But there are others we don't reach. They may have heard of Citizens Advice, but are confused about what we do, and whether we can help. Are we one organisation, or many? Are we part of government? What kind of issues can we help with?

We may be well recognised, but we are poorly understood.

That's why we've refreshed our brand to bring it in line with our modern service. So everyone knows who we are and how we can help. So people are happy to turn to us, and keen to support us. So we can give more people the advice they need, and the voice they deserve – now, and in the future.

At Wokingham we are an early adopter and are changing over gradually over the next few months.

Citizens Advice Wokingham - 0118 978 7258



WJSC is dedicated to offering FREE support and guidance to unemployed people living in the Wokingham Borough.

WJSC prides itself on providing friendly, professional support in an atmosphere where you can spend time in a motivational, open environment which can help remove the feeling of isolation that job searching can sometimes bring. You can also interact with staff who are on hand to answer your questions and give dedicated support to you. So come along and see how we can help.

1 to 1 Advisor Support, CV writing, Interview techniques/skills/mock, Career Matching programme, Microsoft office / Internet access/free wifi
Printing/telephone, Newspapers

Workshops have also become an integral part of the services that WJSC offer for **CV Writing, Interview Skills and and Over 50's**. They are run every 3 – 4 weeks from 10:30 – 12:30pm at The Cornerstone. Contact us to book yourself a place.

The Cornerstone, Norreys Avenue, Wokingham. RG40 1UE

Tel: 01189 770517

Email: Jobsearch@wjsc.org.uk. Website: www.wjsc.org.uk



Reading Football Club

are pleased to let you know that the soccer schools are filling up well and have therefore added another one !

This has now been included in the list as below

LODDON SPORTS, The Village Green, Sherfield On Loddon, Hook RG27 0DA

Thursday 13th and Friday 14th August 2015

10.00AM TO 3.00PM - Ages 6 – 14 years

£35.00 for 2 days – no individual days available

You can either book by; Going to our web site and book/pay on line (there is a £1.50 booking fee applied)

Or you can ring 0118 968 1460 / 1480 and book/pay over the telephone with a credit or debit card (there is a £1.50 booking fee applied) <http://www.community.readingfc.co.uk/>





Community kindness in a coffee!!

Kindness can come in many forms, including the purchase of a suspended coffee. A suspended coffee is the advance purchase of a cup of coffee/beverage for someone who needs it, no matter why. It is a way of supporting others in the community to enjoy community spaces. The Suspended Coffee movement can be found in coffee bars and cafes across Europe and was introduced as an idea by HELP in Bracknell Forest & surrounding areas who are aiming to start the scheme in Bracknell; if you would like to take part then you can purchase an extra beverage at the Wokingham Community Cafes across the Borough listed below who are sponsoring the scheme. The scheme will be introduced initially from 1st July to 14th August as a trial period and if successful may be available longer term.

If you wish to enjoy the use of a community café then this scheme is for you. Community cafes are there for all to use and this scheme is to encourage people to come and meet friends, enjoy family time or have a place to relax despite the cost.

This project is funded by The Windsor Forest Unicorn Club (Wokingham).

More details of the scheme will be available at the cafes;

The Earley Crescent Resource Centre, Warbler Dr, Earley. RG6 4HD. 0118 921 0555

9am-5pm; Monday to Friday

The Acorn Centre, Fernlea Drive, Woosehill, Wokingham. RG41 3DR. 07787 724953

9am – 5pm; Monday to Saturday

The Bradbury Centre, Rose Street, Wokingham RG40 1XS. 0118 977 6898

10am – 12pm; Tuesday – Saturday

If you are a café owner and would like to take part in any future schemes then please contact Clare Rebbeck on clare.rebbeck@involve.community or Phone: 07809 563714

Message from NHS Berkshire Health Network

www.childhealthberkshirewest.nhs.uk

A guide for parents and carers of children under five.

Children may seem unwell for a variety of reasons and sometimes all you need is some medical advice to help you to decide what care is best for them.

The Berkshire West Clinical Commissioning Groups have commissioned www.childhealthberkshirewest.nhs.uk - a website that puts the right information at your fingertips.

It is easy to use and available in the four languages most used in Berkshire West; English, Urdu, Polish and Punjabi. The website offers onscreen advice to navigate the most common childhood illnesses most likely to affect a child under five. There is also an audio assistant in both English and Polish.

So, if you've ever been awake in the middle of the night with a sick child and not sure what the matter is, or you recognise your child's symptoms and just want some reassurance that you are providing the right care, then go to the Berkshire West Common Childhood Illnesses website for immediate advice.

Looking for funding?

Sign up to involve's funding alerts and support from Bruce Wright by contacting Bruce on bruce.wright@involve.community or have an informal chat on 01626 867 604

Bruce offers a critical friend service so when planning a bid application get in touch to discuss your ideas and Bruce can help you throughout the process to enhance your bid.

Looking for specific funding for a project? Ask Bruce and he will carry out a national search for you to find available, suitable funders.

Bracknell's Community Showcase and Volunteer Recruitment event.

The event is being held on Saturday 19th September from 9am-2pm at the Forest Suite in the Bracknell Leisure Centre.

The event is being held to showcase all the amazing things that go on in Bracknell Forest and encourage residents to join in through membership or by becoming a volunteer.

Do you support in Bracknell Forest. If so:

This is your chance to show the community what you do and inspire them to get involved! Spaces are limited so get in quick and return your booking for as soon as possible to save disappointment. There is a small cost (£25) for having a stand at the event to help us cover the running costs and marketing.

If you want to know more, please don't hesitate to contact;

Melanie Randall, Volunteer Services Manager - [involve](#)

Melanie.Randall@involve.community

(01344 383 515

8 www.involve.community

Earley Volunteer Driver Bureau has moved with a new address and changed telephone number, new details are as follows;

Centrepont, Chalfont Close, Lower Earley. RG6 5HZ – 0118 986 6980

It is time to start preparing for Grow your Tenner 2015

The start date and time is 10 am on October 13th.

Now is the time to start preparing. Start to build your online crowd.

Using e-mails, Facebook, Twitter, your website, newsletters, any other media and face to face, you can start telling people how they can give you £10, gift-aid it, and that you will then get £22.50 (less commission)

Get everyone in your organisation involved, staff, trustees, members, volunteers, friends and relatives.

This is a real opportunity for your organisation to make some money. But you need to tell people about it.

Last year Grow Your Tenner finished in 5 weeks, so be ready on October 13th and don't miss the opportunity.

Dave Soper –Charity Engagement Manager

Tel: 0118 930 3021 07729641450 dave.soper@berkshirecf.org @BCFDave

Crowdfunding Training

involve and Sandhurst Town Council are delighted to be able to offer free crowdfunding training to anyone involved with a community or voluntary sector organisation in Bracknell Forest or Wokingham Borough, this training is free and allocated on a first come, first served basis. The training is from 3pm to 5pm on Thursday 24th September and is being held at Sandhurst Community Hall. If you would like to attend please register at <https://www.eventbrite.co.uk/e/crowd-funding-tickets-18000975402>

Berkshire Carer Newsletter

This edition includes information on our new Carers Assessment Guide, Welfare Reforms, Healthy Eating, upcoming events and courses and much more!

You can view the newsletter through the website:

<http://www.berkshirecarers.org/News/Download+our+latest+newsletter>

NEW GROUP FOR CANCER CARERS LAUNCHED

A new group aimed at offering support to people who are caring for a family member or friend who has cancer has been launched by Berkshire Carers Service and Macmillan Wellbeing.

It aims to give cancer carers the chance to share experiences with other people who are in a similar situation and to help them to obtain practical and emotional support.

The group, which meets on the first Wednesday of each month (next meeting 5 August) at Earley Crescent Resource Centre, Lower Earley from 1pm - 3pm, welcomes everyone caring for someone with any type of cancer.

Dalvinder Jammu, contracts manager with Berkshire Carers Service said the majority of people caring for someone with cancer receive no support whatsoever - either formally or informally.

He said: "Dealing with cancer can be tough on both the patient and their loved-ones. Many people who are caring for a relative or friend with cancer are also holding down a job and it can be difficult to juggle the two roles.

"However, it's vitally important cancer carers are given support to help them cope with the demands of their role and this group aims to offer them the chance to meet with other carers and to pick up tips and advice from professionals."

Other support groups for carers in Wokingham, which all meet at the Bradbury Centre, Rose Street, Wokingham, RG40 1Xs are:

Tuesday 6 August. Mental health carers support group. 2pm - 4pm.

Wednesday 12 August. General Carers Support Group. 12.30pm - 2.30pm

Thursday 13 August. Wokingham Stroke Group. 10am - 12pm (run with the Stroke Association

An advisor from Berkshire Carers Service will be at the following GP surgeries for information and advice on:

Monday 10 August. Woosehill Surgery 9:30 - 12:30

Thursday 13 August. Finchampstead Surgery 1.30pm - 4.30pm

Thursday 20 August. New Wokingham Road Surgery 9:30 - 1pm

For further information about any of the groups or information sessions, please call 0800 988 5462 or email helpline@berkshirecarers.org.

Join the Angels Charity Dance Challenge and dance in your wellies!

Money raised will go towards funding our pop up school and feeding kitchen in South Africa, and hopefully many more like it.

Just £3 keeps a street child in our pop-up school for 2 months

Please text: Boot33 £3 to 70070. Thank you.

"What's on in Wokingham" events guide for August 2015.

Watch out for Wokingham's Open Air Cinema on 21st - 23rd August, Wokingham Festival 28th- 30th August.

Our local market runs every Tuesday, Thursday, Friday, and Saturday (full of food, crafts, gifts, plants and fresh fruit and veg), plus, each and every Saturday throughout August & September you can enjoy free entertainment in the Market Place.

Sunny Saturdays: Cookie the Clown - Saturday 1st August 2015, 11 - 12.30pm

Wokingham Market Place – Free

Sunny Saturdays: Borderline Morris Dancers - Saturday 8th August 2015, 11 - 1pm

Wokingham Market Place – Free

Sunny Saturdays: Signature Singers - Saturday 15th August 2015, 11 - 1pm

Wokingham Market Place – Free

Allotments - Open Day - Saturday 15th August 2015 - 2 - 4pm

Ormonde Rd Allotments, Wokingham – Free

Open Air Cinema, Friday 21st - Sunday 23rd August 2015

Elms Field, Wokingham - Admission free but donation welcome!

Come and join us for Ghostbusters on Friday, Shrek on Saturday, Wallace and Gromit: Curse of the Were-Rabbit on Sunday.

Wokingham's version of a drive in movie! Feel free to bring along chairs, snacks and picnic blankets then... relax and enjoy the film.

For your information, the on-line registration form for the Christmas Charity Market is now available, if you wish to request a stall:

<http://www.wokingham-tc.gov.uk/civic/mayor-s-market>

A free FAX machine

Interested? Contact manager@wok-vol.org.uk

Tea & Talk is coming

World Mental Health Day is just around the corner, 10th October 2015

Each year people up and down the country celebrate by holding [Tea & Talk](#). Holding a Tea & Talk is easy. Have a drink and a natter with friends, family or colleagues while raising money to help us to build good mental health for all.



We have everything you need to help make your Tea & Talk a big success.

[Sign up today](#) to receive your Tea & Talk pack.



Family Picnic

Saturday 22nd August 2015
FREE ADMISSION
Stanlake Meadow, Twyford
12pm – 4pm



Join us at our Family Picnic to launch the fitness trail. Featuring Barnes Fitness and Castle Royle Fun Races, bouncy castle, music from Hidden Agenda, food and drink and local stalls.

With Support From:



WOKINGHAM
BOROUGH COUNCIL



Castle Royle



Join our event on Facebook "Twyford Family Picnic" for your chance to win a 1 month Family Health Membership at Castle Royle.

For more info visit <http://www.twyfordvillagepartnership.co.uk/calendar-41.html>

To book a stall contact; picnic@twyfordparishcouncil.gov.uk



**Support and friendship
for families**

Could you be a
Home-Start
Volunteer?

HOME- START is the UK's leading Family Support Charity and we are currently looking for new Home-Visiting volunteers.

Are you a parent or a grandparent? - Do you have 2-3 hours a week to visit and support a young family in the Wokingham Borough?

A new training course is due to start on Wed 23rd September 1 morning per week over 10 weeks.

Home-start Wokingham District volunteers visit families at home, supporting parents in situations such as isolation, illness, multiple births, disability or who are just finding parenting a struggle. They provide non-judgemental practical and emotional support and help build the families confidence and ability to cope.

To find out more please telephone

Lindsay or Mandy on 01189 888 025



Contact Cherish for more info;
Cherish.Risi-Elford@wokingham.gov.uk

**Free Play Days at the Shinfield Rise Community Flat
These are for 0-5years and are run by the Red Kite Children's
Centre**

If you have older children at the Playscheme and are stuck for things to do with their younger siblings, feel free to drop in and have some fun!

**Teddy Bears Picnic - Monday 10th, 10am to 12pm
Fussy Eating Cooking Session — Monday 17th, 10 to 12pm**

Training

involve Wokingham Borough - Risk Assessment Workshop

Thursday, 3 September 2015 – 9.30 am – 1pm

The Bradbury Community Centre Methodist Church Rose Street Wokingham, RG40 1XS

Course Administration Fee £20 or £25 for groups outside Wokingham Borough. This is 3½ hour workshop lead by Marrian Warren-Tibbetts, which is designed to give candidates an understanding of what a Risk Assessment is, what areas need to be assessed, looking at the people involved, as well as the activities they undertake.

Learning Outcomes

Risk Assessment: terminology & definitions of Risk Assessments

The Five steps to risk assessments –

- identify hazards
- decide who may be harmed
- evaluate the risk
- control measures
- documentation and review

There is not a test at the end of this workshop, but an attendance certificate will be given on completion of the session.

For further information or to book a place on the above course please contact me, Ali Coe, Training Coordinator via Ali.coe@involve.community or leave a message with involve reception on 01344 304404 and I will return your call as soon as possible.

Training Provided by Wokingham Volunteer Centre

WORKSHOP FOR VOLUNTEERS WITH SUPPORT NEEDS

Have you ever wanted to get more involved in your local community, but thought that your own health or ability issues were too much of an obstacle?

Date: Monday 7th September 2015

Time: 10am – 2.30pm

Location: Bradbury Centre, Rose Street, Wokingham RG40 1XS

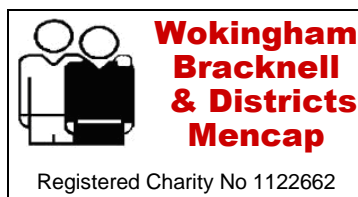
Please join us for this free workshop to help you understand what volunteering could mean for you. We will help you to gain confidence to ask questions about different charities, roles and activities and explore what expectations you might reasonably have of volunteering.

Refreshments, a light lunch and cartoon-illustrated course materials (to help you remember what we have covered) will be provided.

Who is this workshop aimed at? This session will be particularly helpful to anyone with mild – moderate learning disabilities, mental health issues (including depression and other conditions) and physical and/or sensory impairments.

Please note that you need to book in advance for this workshop. Please contact Christine or Helena at the Volunteer Centre, tel. no. 0118 977 0749 or email volunteer@wok-vol.org.uk.

Please let us know if you have any special dietary requirements or mobility issues. The course will take place on the first floor of the Bradbury Centre but a lift is available



'Thinking Ahead'

Workshop for Carers

Thursday 8th October 2015

9.45am – 2pm

**at Wokingham Town Hall,
Market Place, Wokingham, RG40 1AS**

For more details email admin@wokinghammencap.org or telephone 0300 777 8539.

Training Provided by the Earley Crescent Resource Centre

For further information and/or to book a place, please contact Kate Long or Clare Arnaboldi, Neighbourhood Learning Centre, Earley Crescent Resource Centre, Warbler Drive, Earley, Reading, Berkshire RG6 4HB Tel: 0118 921 0555/email: earleycrescent@btconnect.com

Emergency First Aid at Work

Earley Crescent Resource Centre – Wednesday, 16 September 2015, 9.30am – 4.30pm.

(9.15am Registration – Course starts promptly at 9.30am). Course Administration Fee £30.

Intended outcomes: Knowledge of appropriate procedures, practical experience and certificate of achievement. Lunches are available for purchase on the day.

Emergency First Aid at Work

Earley Crescent Resource Centre - Wednesday 4 November 2015, 9.30am – 4.30pm.

(9.15am Registration – Course starts promptly at 9.30am). Course Administration Fee £30.

Intended outcomes: Knowledge of appropriate procedures, practical experience and certificate of achievement. Lunches are available for purchase on the day.

Level 2 Award in Food Safety in Catering

Earley Crescent Resource Centre - Wednesday 11 November 2015, 9:30am - 5:00pm.

(9.15am Registration – Course starts promptly at 9.30am).

Course Fee £45 (includes certificate fee of £18).

Lunches available for purchase on the day.

This qualification will benefit anyone working in a situation where food is prepared, cooked and served; it is relevant to all catering operations. There is an examination at the end of the course and certificates will be issued to all who pass within 6 weeks of the course date.

Get to Grips with an Android Tablet

Earley Crescent Resource Centre - Wednesday, 23 September – 7 October 2015

10.00am – 12.00pm Course Fee: £30.00

A 3-week course to cover the basic actions to help you become more familiar and comfortable with using a Tablet.

Start Computing

Earley Crescent Resource Centre – Wednesday, 23 September – 21 October 2015

1pm – 3pm Course Fee £45.00

A 5-week course to help you feel more comfortable with using a computer, giving you the necessary skills to undertake everyday tasks, like writing a letter and using the internet.

Training Provided by the Earley Crescent Resource Centre

Make Excel Work For You

Earley Crescent Resource Centre - Thursday, 24 September – 22 October 2015.

10am – 12pm Course Fee £45 (Payment Options Available).

A 5-week course to make the learner feel more comfortable with - Using Excel to plan a budget; use of formula and functions (Autofill, Autosum); Creating a database; Setting up a form layout, filtering & sorting data; Top tips & shortcuts.

Introduction to PowerPoint

Earley Crescent Resource Centre - Thursday, 24 September – 22 October 2015. 1pm - 3pm Course Fee £45 (Payment Options Available).

A 5-week course to make the learner feel more comfortable with - Creating PowerPoint presentations; Using PowerPoint automatic layouts, transitions and animation; Customising your presentation and Top tips and shortcuts

Get Familiar With Your Apple iPad

Earley Crescent Resource Centre - Wednesday, 14 October – 21 October 2015

10.00am – 12.00pm Course Fee: £25.00

A 2-week course to help you feel comfortable with using your own Apple iPad

Get More Out of An Android Tablet

Earley Crescent Resource Centre – Wednesday, 4 November – 18 November 2015

10am – 12.00pm. Course Fee £30

A 3-week follow-on course from 'Get To Grips With An Android Tablet', or for those who already have an understanding of the basics of tablet use and would like to learn more.

Next Steps in Computing

Earley Crescent Resource Centre – Wednesday, 4 November – 2 December 2015

1.00pm – 3.00pm Course Fee £45.00

A 5-week follow-on course to highlight more features in Word and to explore other programmes such as: MS Excel, Powerpoint, Publisher and to carry out simple file management.

For further information and course dates please contact, Kate Long or Clare Arnaboldi Tel: 0118 921 0555. www.earleycrescent.org

Training Provided by Bracknell & Wokingham College

FREE courses to adults 19+ who are experiencing mild to moderate mental health problems <http://www.bracknell.ac.uk/courses/adults---wellbeing-in-mind>

As part of a nationwide pilot scheme Bracknell & Wokingham College is offering FREE courses to adults 19+ who are experiencing mild to moderate mental health problems including stress, anxiety, depression.

A rolling programme of courses will be offered throughout the year taught in small groups in welcoming venues across Bracknell, Wokingham, Earley and Woodley.

CARERS TAKE A BREAK – Autumn 2015 Courses file attached with The Chain

Training Provided by Wokingham Borough Council

Introduction to MARAC/DASH

25 August 2015

Wokingham Borough Council, Shute End Offices, Wokingham, Berkshire RG40 1BN

This FREE workshop is suitable for frontline workers who may need to make a referral to MARAC, such as Children's Services, Health and Wellbeing, Mental Health, Youth Services, Optalis, COAMHS and Housing Services.

The workshop will give an overview of –

- Definition of Domestic Abuse
- What MARAC is
- The local picture
- How to assess need in cases of high risk
- How to make a referral to MARAC

Further information and joining/booking details for all training are at MyLearning: <http://wokingham.learningpool.com/> or please contact our L&D Team at: hrenquiries@wokingham.gov.uk or telephone: 0118 974 6116, opening times - Monday to Friday 8.30am to 5.00pm.

Training Provided by Deaf Positives Action

BSL courses coming up this year

Refresher in BSL Level 1

Refresher in BSL Level 2

Signature Level 1 in BSL

Signature Level 2 in BSL

Signature Level 3 in BSL

Signature Level 4 in BSL

Signature NVQ6 in BSL

Signature Level 2 Award in Communicating with Deafblind People

Introduction to British Sign Language

Private Tuition

Evidence Collection

Advocacy workshop for interpreters

Training for Advocates

contact 01189 797575 or email training@deafpositivesaction.org

Remember, we don't just provide British Sign Language courses - we also provide our Advocacy training for anyone who wants to gain the qualification:

The Deaf Positives Action Advocacy training course will be of interest to you if you are:

- *an advocacy commissioner wanting to find out more about the advocacy role and what good advocacy looks like.
- * working as an IMCA or IMHA and want to complete the approved training
- * new to advocacy and want quality advocacy training to develop the skills and understanding you will need.
- * a health and social care professional who wants to develop your natural advocacy skills in listening to and speaking up for the people you work with.

Training for Advocates

Dates 5th, 6th, 12th and 13th November

Time 10am to 4pm Venue: Wokingham

[http://deafpositivesaction.us3.list-](http://deafpositivesaction.us3.list-manage.com/track/click?u=2b811f9faad49fa7da2b5fe1f&id=d038bd36af&e=5e85303a55)

[manage.com/track/click?u=2b811f9faad49fa7da2b5fe1f&id=d038bd36af&e=5e85303a55](http://deafpositivesaction.us3.list-manage.com/track/click?u=2b811f9faad49fa7da2b5fe1f&id=d038bd36af&e=5e85303a55)

Advocacy workshop for Interpreter/ Translation

Date: 5th November 2015

Time: 10am to 4pm Venue Wokingham

[http://deafpositivesaction.us3.list-](http://deafpositivesaction.us3.list-manage2.com/track/click?u=2b811f9faad49fa7da2b5fe1f&id=014e8fe525&e=5e85303a55)

[manage2.com/track/click?u=2b811f9faad49fa7da2b5fe1f&id=014e8fe525&e=5e85303a55](http://deafpositivesaction.us3.list-manage2.com/track/click?u=2b811f9faad49fa7da2b5fe1f&id=014e8fe525&e=5e85303a55)

Training Provided by Wokingham Borough Council

If you are having difficulty, require assistance with making a booking (including on someone else's behalf) or have an enquiry about any of the above or other training, then please contact our L&D Team at: hrenquiries@wokingham.gov.uk or telephone: 0118 974 6116, opening times - Monday to Friday 8.30am to 5.00pm.

For password and access issues, technical problems, running or accessing any of the content on MyLearningPlace, please contact the Learning Pool IT Support Desk: support@learningpool.com or telephone: 0845 543 6033, opening times - Monday to Friday 8am to 8pm, Saturday and Sunday 9am to 5.30pm, Bank holidays 9am to 5.30pm.

Level 2 – 1 day

It is a requirement for all delegates to have completed the Level 1 Safeguarding training within Berkshire in the past 12 months **BEFORE** booking a place on this course. You will be asked to confirm this when booking.

- 12th August 2015
- 9th September 2015

Level 3

The recommended target audience for this event is those who manage staff and make decisions in adult safeguarding investigations in local authorities, health trusts and provider services.

It is a requirement for all delegates to have completed Level 2 Safeguarding training within Berkshire in the past 12 months **BEFORE** booking a place on this course. You will be asked to confirm this when booking.

- 19 August 2015

Further information and joining/booking details for all training are at MyLearning: <http://wokingham.learningpool.com/>

Training Provided by Wokingham Job Support Centre

For further information or to book a place please contact Wokingham Job Support Centre on 01189 770517 or email jobsearch@wjsc.org.uk www.wjsc.org.uk

CV Workshop

A free, practical workshop giving you the knowledge and confidence to create a winning CV.

Current Workshop dates:

August	3 rd
September	7 th
September	28 th
October	19 th
November	9 th
November	30 th

Interview Workshop

A free, professional, comprehensive workshop covering all aspects of interviews including: planning and preparation, tackling difficult questions, confidence and attire plus much more.

Current Workshop dates:

August	24 th
September	21 st
October	26 th
November	23 rd
December	21 st

50+ Workshop

A free workshop appropriately targeted towards more senior clients. Designed to help you explore the potential of your transferrable skills and celebrate your wealth of knowledge and capabilities.

August	4 th
September	8 th
October	6 th
November	3 rd
December	8 th

These are all aimed at helping people back into the workplace.

Funding Of interest to Organisations dealing with: Communities,

Eligibility

You can only apply for Active Communities if:

- **You are non-profit**
- **Your income is less than £350,000 a year, or an average of £350,000 over two years**
- **You have less than six months' annual running costs in savings (with no restrictions on the money) after you have deducted the grant you wish to request from us**
- **Your organisation is constituted and is more than three months old**

What For?

They are looking for small and local projects, genuinely designed and run by local people. By small, they mean just a small group of people on an estate, in a few streets or villages.

They run a two stage application process that begins with a short online form. There's step by step guidance to help you along the way but if you need any support, please call them on 020 7697 4021 or email us.

Using money raised by society lotteries through The Health Lottery, People's Health Trust has opened Active Communities in your area i.e. HealthConfirm - Wokingham, West Berkshire, Reading, Windsor and Maidenhead, Slough, Bracknell Forest (closes 2 September, 1pm)

<http://www.peopleshealthtrust.org.uk/apply-for-funding/healthconfirm>

How Much?

Projects seeking investment of between £5,000 and £50,000 for projects lasting up to two years.

Deadline

To apply for a grant from People's Health Trust's Active Communities funding programme you must first check whether your area is open for funding. If you meet their criteria for Active Communities, you can begin the application process by submitting a quick Stage 1 application form.

They run a two stage application process over a five week period. There is a possibility that they will close stage one applications early in the five week period if they are oversubscribed. You are strongly advised to call them if you are just starting to apply. Decisions are made 12 weeks after the closing date.

Call them on 020 7697 4021 or email them if you would like any help and support

More Information: <http://www.peopleshealthtrust.org.uk/apply-for-funding>